Hang Tien Cave Day Trek

- ***Difficulty level: Easy***
- ***Age 16-70 years old***
- ***Group size: 12 customers (Join-in)***
- ***Operation: Year-round***
- ***Price: USD 75/pax***

If you are looking for a short adventure vacation in Quang Binh, Vietnam, you might be interested in the Hang Tien Cave Day Trek tour. This tour will take you to the largest dry cave in the Tu Lan Cave System, where you can marvel at the spectacular formations and rimstone pools. The day includes hill climbing, swimming in natural lakes, and caving. This tour is suitable for physically active guests who want to explore the wilderness and beauty of this region.

The highlights include:

☑ ✅ **The grandest cave and the mysterious gateway**: Hang Tien is the largest cave in the Tu Lan system, serving as the spectacular culmination point before the magnificent underground river merges with the Rao Nan River and flows towards the sea. This is more than just a cave; it's a mysterious portal to the vast, hidden world of Tu Lan's unique subterranean water system.

☑ ✅ **Galactic domes and masterpiece stalactites**: Step inside and be awestruck by the immense, awe-inspiring cave ceiling—a colossal, swirling arch that mimics a massive galaxy or spiral nebula. Hang Tien boasts one of the most extraordinary stalactite systems in Tu Lan, featuring stunning, terraced 'rice-paddy' calcite formations and monumental pillars of flowstone reaching dozens of meters high, a testament to millions of years of geological sculpting.

☑ ✅ **Conquering the pristine, biodiverse jungle**: The entire journey is an epic expedition beneath a dense, pristine primary forest canopy, where explorers continuously witness the shifting, rich diversity of the ecosystem. The winding trail traverses lush, verdant earth mountains and majestic limestone peaks, offering a challenging and endlessly fascinating trek through diverse and dramatic landscapes.

☑ ✅ **The natural "infinity pool" experience**: After a challenging hike and climb, travelers can immerse themselves in the crystal-clear, cool waters of the natural spring pool for absolute rejuvenation. This is pure water erupting directly from the underground cave system, creating a perfect, wild "infinity pool" set amid the untouched wilderness before it flows out to the main river.

☑ ✅ **A journey that transforms lives**: Beyond the natural splendor, your presence contributes to a powerful story of community resilience and growth. Sustainable tourism has played a key role in transforming Tan Hoa, driving the poverty rate down from 85.7% in 2010 to just 2% in 2024. This expedition supports vital initiatives, including the construction of

floating houses and septic toilets to improve local living standards. Furthermore, Oxalis is committed to future generations, sponsoring free open swimming and safety training to over 300 children in Tan Hoa and along the Rao Nan River every year.

Itinerary

The schedule of Hang Tien Cave Day Trek is subject to change due to weather conditions. The path can be quite muddy and slippery when it rains.

Download the itinerary

Morning of day 1: Briefing - Hang Tien 1

You should be in Phong Nha before 07:00 AM on the tour day to ensure on-time departure. Oxalis provides dorm rooms with 6 comfortable beds available at Oxalis Home (Oxalis Office) for those who arrive in Phong Nha early in the morning of the tour and want to rest a bit before the tour (please inform us in advance if you want to use the free dorm room service).

Between 07:00 - 07:30 you will be picked up at your accommodation in the Phong Nha area, and taken to the Oxalis Tan Hoa office (70km from Phong Nha). There will be a safety briefing, and you will collect safety equipment and sign the release form. After the briefing, the group will depart for Tuyen Hoa to begin the Hang Tien one-day trek.

The journey starts with a climb over a hill, leading deep into the forest. You will trek through untouched jungle and cross rocky terrain before descending into a valley. Following a trail toward the west, large rock formations will gradually appear along the way. After navigating this more challenging section, you will reach the cave entrance, where a stunning landscape opens up. Befor entering, our guide will provide a light snack to help you recharge.

Stepping inside Hang Tien, part of the Tu Lan cave system, an immense space unfolds with layered calcite formations resembling terraced fields, covered in natural greenery. Looking up, you will see soaring dome and unique striped patterns stretching across the cave walls. As you venture deeper, the cave reveals even more impressive and mysterious formations shaped by nature over time. To reach the rear entrance of the cave, visitors will be equipped with safety harnesses and climb a ladder about 10 meters high. Here, the group can take a short break before returning to the main cave entrance to enjoy a prepared lunch.

Afternoon of day 1: Tan Hoa – Phong Nha

After enjoying lunch at the entrance of Hang Tien Cave, which stands over 60 meters high, the group will navigate through the rock formations and walk to a natural pool in the forest. Here, you can swim and take photos freely. To conclude your Vietnam cave discovery trip, the group will continue along the scenic Rao Nan stream towards the main road, where you board the bus and return to the Oxalis Tan Hoa office for a shower and a cold drink. The bus will then return the group to Phong Nha around 7:30 - 8:00 PM.

***Please note**:

To prevent being late for the tour departure, you must arrive in Phong Nha before 7:00 AM on the day of the departure.

It is advised to reserve a seat on the SE3 train leaving from Hanoi/Ninh Binh to Dong Hoi station, or the SE8 train leaving from Da Nang/Hue to Dong Hoi station if you wish to go to Phong Nha by rail i the morning of departure (It is recommended to book an additional shuttle bus from Dong Hoi statio to Phong Nha).

For those who arrive in Phong Nha early on the day of the tour and want to take a little time to relax before embarking the Hang Tien one day adventure, Oxalis offers a free dorm room service with 6 comfy mattresses at Oxalis Home (Oxalis Office). If you intend to use the service, do let us know in advance.

Suggested itinerary before and after the tour:
To ensure the best preparation before your journey or to relax after the expedition, Oxalis suggests staying at Chay Lap Farmstay if you wish to combine exploring Phong Nha with experiencing a peaceful countryside atmosphere, or Blue Diamond Retreat if you prefer to immerse yourself in nature and enjoy relaxing moments amidst the mountains and forests. Special discounted rates exclusively for Oxalis guests are 1,100,000 VND/room/night at Chay Lap Farmstay and 1,600,000 VND/room/night at Blue Diamond Retreat.

During your time in Phong Nha, the Phong Nha Caves Exploration Museum (open daily from 8:00 AM to 5:30 PM, free admission) is a must-visit destination. Here, you can experience the Son Doon 5D VR technology for 500,000 VND per ticket. All proceeds from this activity are contributed to the Oxalis Foundation to support local community projects, making your journey even more meaningful

[{adventure-level-on-tour}Adventure level on tour]

Items to bring on tour

It is necessary to be well prepared for the trip because the Hang Tien – Quang Binh 1 day discovery is a long hiking tour with a variety of terrain. Guests will be asked to wear appropriate clothing for

safety reasons, good for moving in the jungle, river crossing, or exploring the cave as well as avoiding dangers and risks from sharp rocks, snakes, insects, or poison ivy. Long trousers and long-sleeved shirts should be worn for trekking. Trekking shoes play a very important role in Oxalis Adventure tours in Vietnam, such as this. Visitors must choose a good and well-fitting pair of shoes for rocky steep mountains. Please test your shoes before the trek. Besides, guests also need to prepare personal items for 1 day's trekking in the jungle.

Oxalis provides

1 PVC backpack (25L) to carry helmet, dry box, water and things you need during the trek.
Caving and safety gears: helmet, headlight, gloves, ...
Basic trekking shoes are available to borrow from Oxalis (sizes 36-44). If you use Oxalis shoes, please bring thick socks and two pairs of insoles to help prevent blisters. A VND 50,000 cleaning fee applies.
Water bottle (1L)
Water purifier
Compost toilet, toilet paper, hand cleaner
First-aid kit and medical rescue equipment
Satellite phone
Secure storage at office

You need to prepare

Essential clothing

1 quick-dry, bright, long-sleeved shirt
1 pair of quick-dry and long trekking pants
1 pair of good gripping trekking/approach closed shoes. Heavyweight trekking boots are not necessary
1-2 pairs of calf-length, thick socks
1 waterproof jacket (winter months November to March)
Swimming suit
Clothes to change after the trek
Footwear to change after the tour (If you use your own trekking shoes)

Personal items

- Mosquito repellent
- Sunglasses, sun hat, sunscreen
- Hand fan for summer (April to September)
- Medium towel
- Power banks
- Personal medication
- Passport

Photos










