

Hang Tien Cave Day Trek

HT1 • Adventure level: Moderate

• Age 16-70 years old.

If you are looking for a short adventure vacation in Quang Binh, Vietnam, you might be interested in the Hang Tien Cave Day Trek tour. This tour will take you to the largest dry cave in the [Tu Lan Cave System](#), where you can marvel at the spectacular formations and rimstone pools. The day includes hill climbing, swimming in natural lakes, and caving. This tour is suitable for physically active guests who want to explore the wilderness and beauty of this region.

Visitors that join Oxalis' tour to Quang Binh - Hang Tien will experience the following:

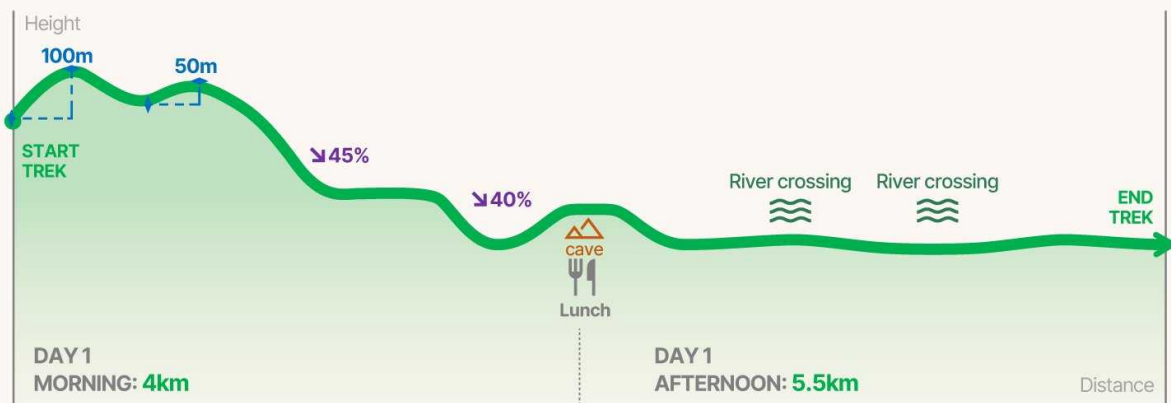
- ✓ Explore the largest dry cave in the area. The circular dome inside the cave has a particularly unusual and remarkable structure.
- ✓ Experience trekking through the jungle: 80% of the route is spent in a tropical forest with a variety of plant life. This is a totally unique rainforest experience for nature-loving visitors.
- ✓ Hang Tien features an unusual formation with layers of rimstone pools and giant columns and stalagmites several meters in height.
- ✓ Lunch is served next to a picturesque stream, with a nearby waterfall.
- ✓ The water from the Rao Nan Stream having been underground for some kilometers emerges by the lunch area of the Hang Tien tour, creating a breathtaking natural creation: a natural infinity pool. Guests taking part in the Hang Tien Cave Day Trek tour have the chance to swim in the cold, crystal-clear blue water.

Note: Tour takes place in remote areas with complex terrains. Customers must be physically fit.

Please carefully read the tour itinerary and honestly fill out the booking information yourself, especially your experience and health condition.

To book a tour for a group, please send the tour information to them and instruct each member to complete the booking form on their own. Our booking system lets each person fill in their own information, avoiding errors or missing details when someone else does it for you. Read more about [Oxalis Adventure Level](#).

Percentage of Slope: $100\% = 45^\circ$



The schedule of Hang Tien Cave Day Trek is subject to change due to weather conditions. The path can be quite muddy and slippery when it rains.

[Download the itinerary](#)

Between 07:00 - 07:30 you will be picked up at your accommodation in the [Phong Nha area](#), and taken to the Oxalis Tan Hoa office. There will be a safety briefing, and you will collect safety equipment and sign the [release form](#). After the briefing, a short drive will bring you to the start of your one-day adventure. This Hang Tien exploration trek will begin by ascending a hill into the forest. The first 15 minutes will be mainly uphill but you will soon reach the top and start to descend to the river valley. You will then stop to have a quick snack here down the valley to get some more energy before exploring Hang Tien 1 Cave.

Reaching the valley floor, the group will hike over the dry rocky riverbed, with the spectacular entrance of Hang Tien enticing you. Trekking into the cave, you will be surrounded by calcite formations cloaked in green plant life. The striped limestone layers are clearly visible on the walls and roof. As you go further inside guests will see more amazing

sites. A swirling dome high in the roof and layers of calcite resembling terraced fields. Keep on going deep inside the cave and discover the mysterious attraction and impressive cave formations that mother nature created in Hang Tien.

Afternoon of day 1: Tan Hoa – Phong Nha

Returning from your Hang Tien exploration, you have time to swim, take pictures, and enjoy lunch next to the natural pool in the heart of the mountains. To conclude your Vietnam cave discovery trip, you will trek back over the hill and down to the road to board the bus and return to the Oxalis Tan Hoa office for a shower and a cold drink. The bus will then return the group to Phong Nha around 19:00–19:30.

Please note:

To prevent being late for the tour departure, you must arrive in Phong Nha before 6:00 AM on the day of the departure and be ready for the pickup at 07.00.

It is advised to reserve a seat on the SE3 train leaving from Hanoi/Ninh Binh to Dong Hoi station, or the SE8 train leaving from Da Nang/Hue to Dong Hoi station if you wish to go to Phong Nha by rail in the morning of departure (It is recommended to book an additional shuttle bus from Dong Hoi station to Phong Nha).

For those who arrive in Phong Nha early on the day of the tour and want to take a little time to relax before embarking the Hang Tien one day adventure, Oxalis offers a free dorm room service with 6 comfy mattresses at Oxalis Home (Oxalis Office). If you intend to use the service, do let us know in advance.

Adventure level on tour

After many years of operating adventure discovery tours, Oxalis has created an adventure scale to help tourists visualize and choose the right caving trip for their fitness and health. This scale is not to be applied to other companies with different conditions and terrains. The easiest level anyone can join and the most difficult level 6 requires regular exercise and some trekking experience. Hang Tien Cave Day Trek, though only a one day one night adventure, is still quite demanding, with challenging terrain. Guests should have a reasonable level of fitness to enjoy the Hang Tien Cave Day Trek tour.

Adventure Level 3 · Moderate

The Hang Tien Cave Day Trek Tour is rated as Moderate (Level 3) on the Oxalis Adventure

level system. The difficulty of the tour is based on the physical fitness and health of average active people, not runners, athletes, or intensely active individuals.

Number of guests per tour: Maximum 12 guests; Age 16-70 years old.

Expect: Rocky terrain, steep hills, long trek

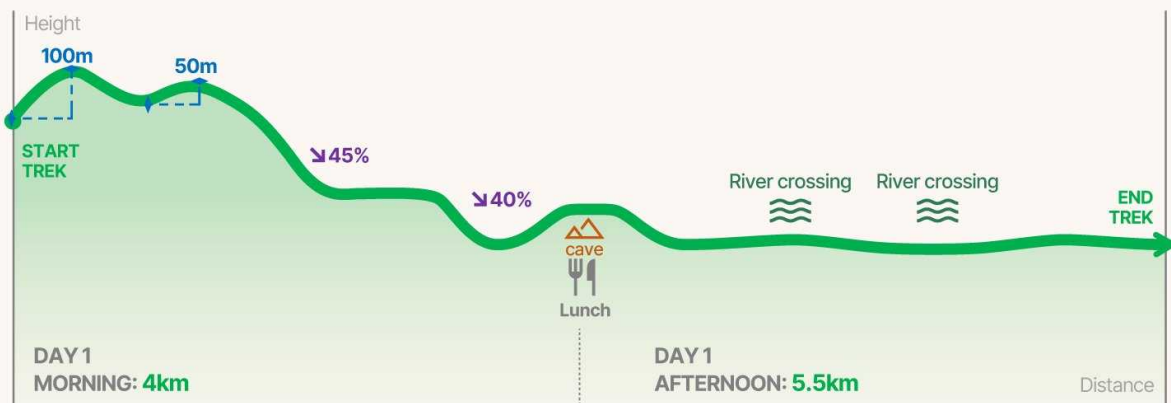
- ★ Moderate trekking
- ★ 9,5km of trekking including 1,5km of caving
- ★ 400m elevation gain
- ★ Swimming in the natural stream
- ★ There will be some rocky terrain



Hang Tien Cave Day Trek (HT1)

DISTANCE **9.5km** incl. **1.5km** CAVING | ELEVATION GAIN **150m**

Percentage of Slope: 100% = 45°



Items to bring on tour

It is necessary to be well prepared for the trip because the Hang Tien – Quang Binh 1 day discovery is a long hiking tour with a variety of terrain. Guests will be asked to wear appropriate clothing for safety reasons, good for moving in the jungle, river crossing, or exploring the cave as well as avoiding dangers and risks from sharp rocks, snakes, insects, or poison ivy. Long trousers and long-sleeved shirts should be worn for trekking. Trekking shoes play a very important role in Oxalis Adventure tours in Vietnam, such as this. Visitors must choose a good and well-fitting pair of shoes for rocky steep mountains and should NOT buy waterproof footwear for river crossings as they will retain water. Please test your shoes before the trek. Besides, guests also need to prepare personal items for 1 day's trekking in the jungle.

Oxalis provides

Caving and safety gears:
helmet, headlight, gloves,
...
Basic jungle boots (size

You need to prepare

ESSENTIAL CLOTHING

1 medium size backpack (20L) to carry stuff that
you need while trekking

36-46 EU)

Water bottle (1L)

Water purifier

Compost toilet, toilet
paper, hand cleaner

First-aid kit and medical
rescue equipment

Satellite phone

Secure storage at office

1 quick-dry, bright, long-sleeved shirt

1 pair of quick-dry and long trekking pants

1 pair of good gripping trekking shoes (drainable);

*Waterproof/Gore Tex shoes are not
recommended.

1-2 pairs of calf-length, thick socks

1 waterproof jacket (winter months November to
March)

PERSONAL ITEMS

+ Mosquito repellent

+ Sunglasses, sun hat, sunscreen

+ Hand fan for summer (April to September)

+ Power banks

+ Personal medication

+ Passport

Photos

