

Hang En Adventure

- *Tour code: EC2*
 - *Adventure level: Moderate*
 - *Age 16-70 years old*
 - *Group size: 16 customers*
 - *Tour type: Join-in*
 - *Operation: Dec to mid-Sep*
 - *Price: USD 333/pax*
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The journey 2 days 1 night Hang En Adventure brings customers to the fairyland in the Hollywood movie (Pan: The Neverland 2015), and where ABC News made the live broadcast for Good Morning America program. Hang En cave is part of the famous Son Doong expedition tour.

[Hang En Cave](#), one of the world's largest natural caverns, lies deep within the core of Phong Nha - Ke Bang National Park in Vietnam. Dating back 3 million years, this majestic cave offers an unforgettable trekking experience with Oxalis Adventure, featuring a spectacular night of camping right inside the cavern.

Since its official documentation in 1994, Hang En has captivated global audiences. It has earned acclaim from prestigious publications like National Geographic, The New York Times, and Lonely Planet. Most notably, the cave—along with Hang Son Doong and Hang Va – was showcased in Episode 6 ("EXTREMES") of the renowned BBC documentary series, [Planet Earth III](#).

Beyond its standalone beauty, the Hang En trek serves as the gateway to the legendary Son Doong Expedition, hosting the camp for the first night of that journey. Widely regarded as one of Oxalis Adventure's most attractive tours, it continues to receive high praise from both domestic and international explorers.

The highlights include:

- Camp inside a natural cave:** Forget ordinary camping. You will spend the night inside Hang En Cave, one of the planet's largest natural chambers. Pitch your tent on a soft, secluded beach, dwarfed by towering ceilings that soar hundreds of feet high. This is an unprecedented, epic sleep experience within a colossal geological marvel, a memory that will define your travel log.
- Plunge into a pristine, turquoise subterranean oasis:** As the ultimate reward after a jungle trek, dive into a refreshing natural pool of emerald-blue water. Fed by the pristine Rao Thuong River, this isolated, underground swimming spot offers an incredibly cool and invigorating experience, providing a complete physical and mental reset deep inside the earth.
- Witness the spectacle of the sunbeams:** Secure your chance to capture the photographer's dream, the elusive "God Rays." On clear days, immense columns of sunlight

pierce the massive cave opening, dramatically slicing through the darkness and illuminating the massive formations. This rare, surreal phenomenon transforms the cavern into a scene of otherworldly, ethereal beauty.

☑️ **Fuel sustainable change in Ban Doong Village:** Your journey leaves a legacy of tangible good. Tourism has significantly elevated the quality of life for the Bru-Van Kieu minority in [Doong Village](#). Through initiatives by Oxalis, the village now benefits from a clean water system, septic toilets, and annual scholarships for all local children. Most notably, you will see the sturdy [4-classroom school built in 2021](#) to replace the one devastatingly washed away by massive floods—standing as proof that your adventure directly supports education and community resilience.

☑️ **Explore Hang En Cave, the gate to Hang Son Doong:** Stand at the very point where the powerful Rao Thuong River disappears into the darkness, knowing that this is the same water source that carved the mighty Son Doong Cave. Experience the powerful natural cathedral that is Hang En, home to thousands of Swifts and a crucial part of the world's most impressive cave system.

Itinerary

The schedule of the Hang En Adventure 2 days 1 night camping and trekking tour may change due to weather conditions. The paths on this trekking tour can be quite muddy and slippery when it rains. Please scroll down to see booking information and Hang En Adventure tour price to explore the Hang En 2 days 1 night tour.

[Download the itinerary](#)

DAY 1: PHONG NHA - BAN DOONG VILLAGE - HANG EN CAVE

Please ensure you arrive in Phong Nha before 7:00 AM. Between 7:30 AM and 8:00 AM, a vehicle will pick you up from your hotel and take you to the Oxalis Office. Here, you will receive a safety briefing, sign the release form, and collect your safety gear.

The adventure officially kicks off with a descent down a steep hill into the jungle, meeting the Rao Thuong Stream. After 1.5 hours of trekking and wading through crystal-clear waters, you will arrive at Ban Doong Village. Located in the core zone of Phong Nha - Ke Bang National Park, this isolated village is home to a minority ethnic community. Here, you will break for lunch and gain insight into their unique way of life.

The trek continues for another 3 hours through lush jungle and multiple river crossings until the

massive arch of Hang En Cave looms into view.

At the cave entrance, you will equip your helmet and headlamp to tackle a rocky climb. Reaching the top of the slope, you are rewarded with a breathtaking panoramic view of the camp set against the cave's colossal interior. After settling into your tent, take a refreshing swim in the turquoise lake adjacent to the campsite. The day concludes with a savory dinner served right in the heart of the cave – an unforgettable start to your expedition.

Note: For early arrivals, Oxalis offers complimentary use of a 6-bed dorm room at Oxalis Home to freshen up before the tour. Please book this in advance.

DAY 2: HANG EN - PHONG NHA

The day begins with breakfast at the underground camp. Afterward, you will climb the rocky sections behind the campsite to explore the deeper recesses of the cave. Here, you can admire magnificent stalactites and stalagmites while learning interesting facts about the cave's geology. From high up on the rocks at the back of the cave, a stunning new perspective of the campsite opens up – be sure to capture this moment, as it is one of the most unique photo opportunities in the world.

Wading through underground streams, the group will proceed to the spectacular "back door" of Hang En, where a massive sandy floor meets the jungle outside. After soaking in the view, you will return to the camp for lunch and a brief rest before beginning the journey home.

Leaving the cave behind, the group retraces the path through the jungle, crossing the river multiple times. The adventure concludes with a physical challenge: climbing a steep jungle hill with an elevation gain of 450m. At the summit, our driver will be waiting with ice-cold beverages – a well-deserved treat after your expedition. You will be transferred back to Phong Nha, arriving around 18:00.

Suggested itinerary before and after the tour:

To ensure the best preparation before your journey or to unwind after the expedition, Oxalis suggests staying at Chay Lap Farmstay, featuring premium rooms, a swimming pool, spa, kayaking, cycling, and more. A special discounted rate for Oxalis customers is 1,000,000 VND/room for 2 people. Check availability here: chaylapfarmstay.com

During your time in Phong Nha, the [Phong Nha Caves Exploration Museum](#) (open daily from 8:00 AM to 5:30 PM, free admission) is a must-visit destination. Here, you can experience the Son Doon 5D VR technology for 500,000 VND per ticket. All proceeds from this activity are contributed to the Oxalis Foundation to support local community projects, making your journey even more meaningful.

Adventure level on tour

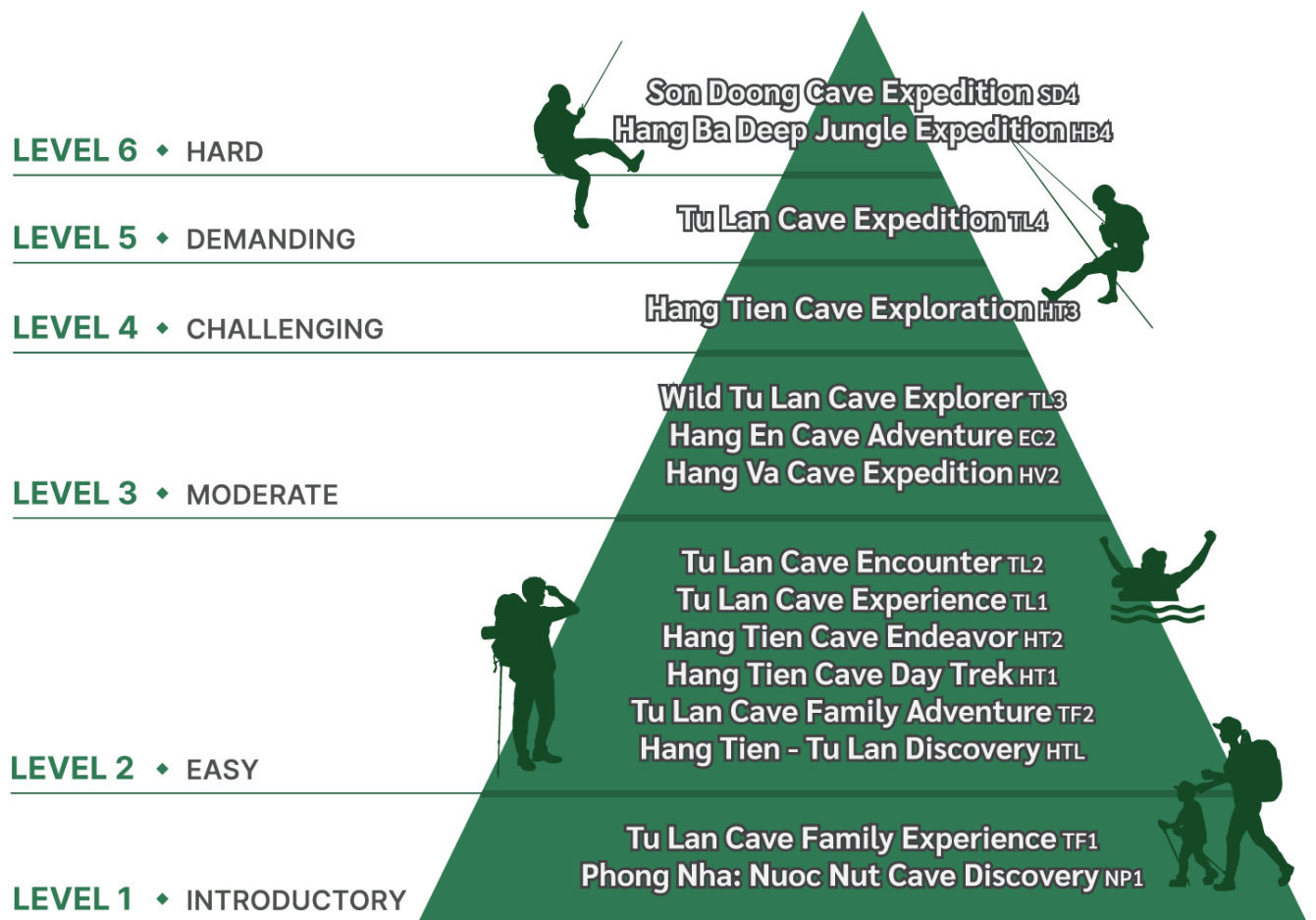
After many years of adventure tourism activities, Oxalis Adventure has created a Level of Adventure scale to help guests participating in Oxalis tours to visualize and choose the adventure tour most suitable for their fitness and health. This scale is not to be applied to other companies or tours with different conditions and terrains. The easiest level (level 1) anyone can join, and the most difficult level - 6 requires regular exercise and some trekking experience.

Adventure level: 3 - Moderate

The Hang En Adventure Tour is rated as Moderate (Level 3) on the Oxalis adventure level system. The difficulty of the tour is based on the physical fitness and health of average active people, not runners, athletes, or intensely active individuals.

Activities: Crossing rocky terrain, going ups and downs hills and crossing many rivers.

- ★ Trekking through 25km of mountain and river paths with rough terrain
- ★ 3km of caving
- ★ Multiple stream crossings
- ★ Elevation gain: 650m
- ★ Steep ascents and descents on forest paths
- ★ Availability schedule: December to mid-September; 3-4 trips/week (except from mid-December to late January: tours run daily)
- ★ Number of guests per tour: Up to 16 guests; Age 16-70 years old.



Terrains

The tour takes place in remote areas with complex terrains. Customers must be physically fit. Please carefully read the tour itinerary and honestly fill out the booking information yourself, especially your experience and health condition.

Hang En Cave Adventure (EC2)

DISTANCE **25km** incl. **3km** CAVING | ELEVATION GAIN **650m**

Percentage of Slope: 100% = 45°



Preparation for the Hang En Cave Adventure

Hang En Cave Adventure has just one night camping in the cave, so the items you need to prepare are quite simple. However, with the 2-day 1-night camping and trekking tour visiting the cave and deep jungle, visitors will be required to prepare appropriate clothing and equipment to ensure safety and comfort.

Long trousers and long-sleeved tops should be worn. Trekking shoes are very important for the Hang En Cave tour and visitors need to choose robust shoes with a good grip for the environment of steep hills, rocks and wading through rivers. Please don't choose waterproof shoes as these will remain full of water whilst trekking. Visitors also need to prepare personal items. Your tour consultant will give you detailed advice before joining the Hang En trekking tour.

Oxalis provides

Camping equipment: tent, mattresses, pillow, sleeping bags

Caving and safety gears: helmet, headlight, gloves, ...

Basic jungle boots (EU size 36–44); if using Oxalis shoes, bring thick, long socks and 2 insoles to ensure comfort.

Water bottle (1L)

Water purifier

Compost toilet, toilet paper, hand cleaner

Semi-dry bag (15L) for campsite clothing sets and personal items

First-aid kit and medical rescue equipment

Satellite phone

You need to prepare

Essential clothing

Trekking clothes:

- 1-2 quick-dry, bright, long-sleeved shirts
- 1-2 pairs of quick-dry, long trekking pants
- 1 waterproof jacket (winter months December to March)

Campsite clothing sets:

- Warm clothes for winter from December to March
- Shorts and T-shirts for summer from April to September

1 pair of good gripping trekking/approach closed shoes. Heavyweight trekking boots are not necessary

1 medium size backpack (20L-25L) to carry stuff that you need while trekking

2 pairs of calf-length, thick socks

1 pair of sandals/slides using at the campsite

Personal dry bag/box for electronic devices

Swimwear using at the campsite

Personal items

- ★ Mosquito repellent
- ★ Sunglasses, sun hat, sunscreen
- ★ Hand fan for summer (April to August)
- ★

1 medium towel

- ★ Underwear
- ★ Personal hygiene items (toothbrush, toothpaste, nature-friendly shampoo & soap, ...)
- ★ Power banks
- ★ Personal medication
- ★ Antifungal foot powder
- ★ Passport

Optional items

- Arm cover if wearing short-sleeved T-shirts
- Camera & Tripod
- Ear plugs
- Bandana or headband
- Rehydration tablets
- Blister prevention tape

Photos



